

Gorsky Kavkazi Jews of NY

SUMMER 5771  
US \$3.60

# Asejte

*Shavuot Magazine*

DEVORA  
gets the  
TORAH

PAGE 6: SPECIAL SHAVUOT SECTION!



**Khudo Kumok**  
**Tiro Kharmakh**

THE MITZVAH OF  
**HEALTH  
& SAFETY**

PAGE 12

our ancestors at Mount Sinai,  
we also must proclaim: Na'aseh  
v'nishmah -- we will do and learn;  
only then will we have lasting  
freedom.

-The Rebbe

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# Hey Kids!

The sun is shining and school is out—it can only mean one thing, summer is finally here! But wait, what is that pillar of fire I see ahead? In **Out of this World** you can find out about that and the other miracles that G-d performed for the Jews in the desert. Going to camp this summer? Check out our summer camp **I Shpy** and see if you can find all the hidden objects.

The summer heat makes me want a nice refreshing snack, learn to make a yummy banana split in **Kids in the Kitchen**, and of course while we are out having fun we must always remember to keep safe using the tips in **What's in your bag?**

Over the summer there are some very important Jewish Holidays, learn about the Jewish people receiving the Torah with **Devorah Gets the Torah**, and learn about some really cool Torah Characters like King David in **Jewish History** and Daniel, this editions **Jewish Hero**.

*Plus read about our own new Torah Scroll at the Gorsky Synagogue, browse pictures of past events, and solve the Asele word search. Enjoy a special section which explores what being a Gorsky Jew means to teens and young adults today*

Wishing you all a healthy and relaxing summer  
wherever you may be.

This Magazine is brought to you by Gorsky Kavkazi Jewish Center of NY

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Register for the Summer Learning Program -

# KOLLEL



**Daily classes for males of all ages.** Kollel comes from the word "Kol" – everything, all, everybody. All ages gather together each night to learn in this exciting program. Small study groups on Torah, Prophets, Writings, Talmud, Jewish law and history, Hebrew language, customs, and traditions. To join us, please email [gorskyjews@gmail.com](mailto:gorskyjews@gmail.com) or call us at 718-693-5999.

## GORSKY ART CORNER

How do you celebrate Lag B'Omer and Shavuot?



Send in your drawings about Rosh HaShana - the Jewish New Year for next issue.  
E-mail us at [gorskyjews@gmail.com](mailto:gorskyjews@gmail.com)

# Community Welcomes New Torah Scroll

A grand celebration to welcome a new Torah scroll to Bet HaKnesset Ohr HaMizrach – Gorsky Kavkazi Jewish Center of NY took place on Thursday, May 12, 2011 at 347 Ocean Parkway. The crowd danced and sang in honor of the new Torah..

The beautiful holy scroll was dedicated by brothers **Oleg and Rudolph Movsumov**.

Although Rudolph and his family live in Moscow, they all flew in especially for the occasion.

The event opened with the writing of the last letters, followed by an auction of the last chapters of the Torah and celebratory meal. Relatives, friends and community members gathered in holiday clothes to welcome the new scroll.



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# Lag B'Omer - Gorsky Style



Families, teens, and kids danced around a bonfire at the Gorsky Kavkazi Jewish Center of NY - Ohr HaMizrach on Saturday, May 21st in celebration of Lag B'Omer. A great sage, Rabbi Shimon Bar Yochai, was the first who publicly taught the mystic parts of the Torah, known as Kabbalah. He was one of the authors of the Zohar. Rabbi Shimon Bar Yochai told his students to commemorate Lag B'Omer as a festive day. Also on Lag Ba'Omer, we celebrate the end of the plague that fell upon Rabbi Akiva's students and on Lag B'Omer the dying stopped.

The atmosphere at 347 Ocean Parkway was inviting and fun as live music by Alon Efraimov filled the streets of Ocean Parkway. Guests enjoyed delicious Kavkazi cuisine, BBQ, and desserts. Vitaliy Ruvinov, President of the Gorsky Kavkazi Jewish Center and Synagogue Ohr HaMizrach opened the program and thanked all sponsors, and organizers of the event, in particular Ilana Chaya Krasinskaya, Yonatan Gavrilov, Nathaniel Isakov and all others who helped with planning. Rabbi Moshe Scharhon spoke about the significance of the holiday and congratulated the community.

A special raffle gave an opportunity to the guests to sponsor the event. The sponsors were Aryeh Allakhverdov, Kamilla Sara Krasinskaya and Stas Razilov. It was amazing to see the community unite in celebration!



## Best Kavkazi Music

## *Amazing Voice*

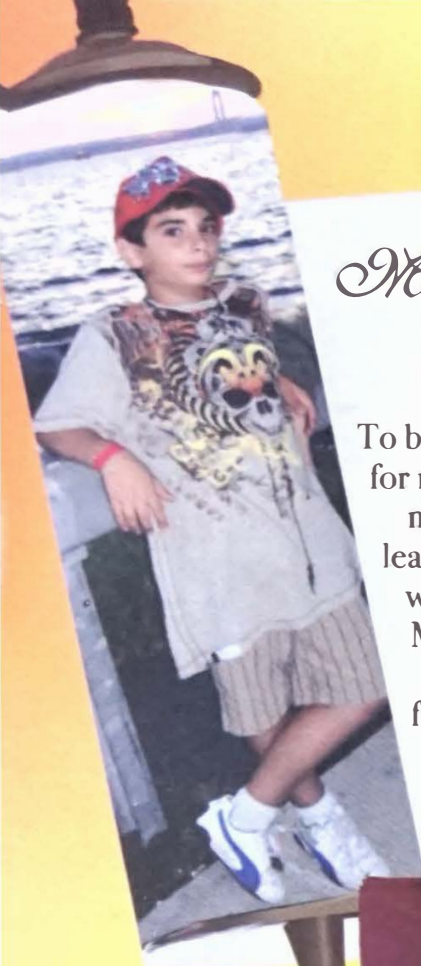
*Songs in Gorsky, English, Russian and Hebrew*

## ALON EFRAIMOV

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## *Mazel Tov on your Bar Mitzvah!* *Elijah Elazarov*

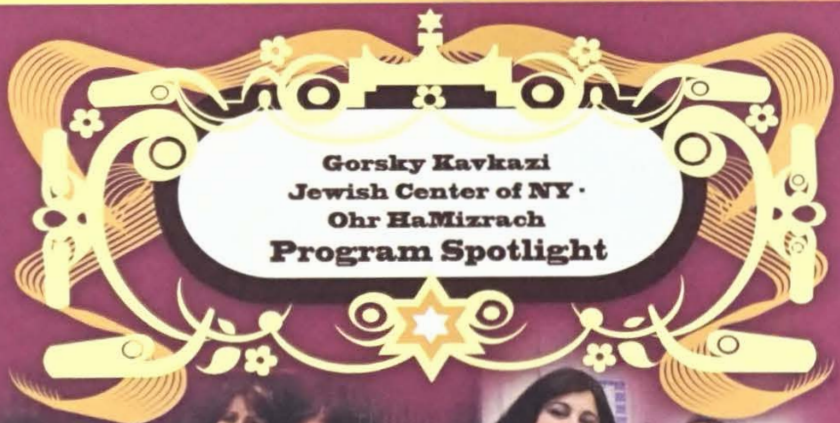
To be a Jew means the world to me. Being a Jew opens adoor for me to discover new things and helps me understand the meaning of life, G-d, and all His creations. I can enjoy learning the Jewish religion and culture non-stop! This is why I am proud to be Jewish. Every tuesday I take Bar Mitzvah classes at the Gorsky Kavkazi Jewish Center - Ohr HaMizrach on Ocean Parkway and Ave C. My favorite part of my class is the parshah - weekly Torah portion. I learn a great Jewish story which is part of history each time

**BAR  
MITZVAH  
CORNER**



ARE YOU TURNING 13 SOON? TO SIGN UP FOR  
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May you and your  
family be blessed!



**Gorsky Kavkazi  
Jewish Center of NY ·  
Ohr HaMizrach  
Program Spotlight**



### **Ladies Night - Rosh Chodesh Celebrations**

Rosh Chodesh, the first day of the new Jewish month, is a special holiday for women. Girls and women of all ages gather for monthly celebrations at Gorsky Kavkazi Jewish Center - Ohr HaMizrach. Ladies enjoy live music, dancing, refreshments, great company and insights by a guest speaker. Want to join the next event? Email: [jewishladies@gmail.com](mailto:jewishladies@gmail.com) or call 718-693-5999

# Celebrate Shavuot

and enter online to win some terrific prizes!

1

## Life-Jacket

The summer is the best time for the great outdoors, and what better way keep fit than to enjoy water sports? Keep safe with a lifejacket!



4

## History Comes Alive!

Each year on Shavuot we celebrate the receiving of the Torah. Win 5 tickets to the all new *Journey Through Jewish History* exhibit at the Jewish Children's Museum in Brooklyn, NY, and see our history come to life!

Includes lunch for your family at the Museum's restaurant!

2

## Paper Flower Kit

On Shavuot the humble mountain Har Sinai bloomed with beautiful flowers in honor of the giving of the Torah. Make your own flowers with this **flower making kit** and decorate your house with your beautiful creations.



2

3

## Ice Cream Maker

On Shavuot it is a custom to eat dairy foods. Win your very own **ice cream maker** and enjoy ice cream all year round!



3

1



A joint project of  
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This magazine contains G-d's name, please treat with respect.

**S**ighs, groans, and tears filled the air. With satisfaction, King Nebuchadnezzar watched the best and brightest of Israel's youth being led through the streets of Babylon in chains.

It had been a great victory for the powerful king. His men had surrounded Jerusalem and taken many Jewish boys as slaves. There was no better way to break the spirit of a people than to force their children from their homes and take them back to Babylon as captives. And what a haul of expensive and beautiful treasure! The evil Nebuchadnezzar had looted the Holy Temple and was now the proud owner of the special golden vessels that had been used to serve G-d. His plans were to decorate his palace with the holy objects he'd stolen.

Nebuchadnezzar took an interest in the smartest and best-looking of his new slaves. The most outstanding were four young men named: Daniel, Chananya, Misha-el, and Azariah. The king chose them as his personal

assistants and instructed that they be fed the finest foods and tastiest wines.

The four boys were frightened. If they

refused the king's offer of non-kosher food and wine, what would happen to them? Yet, they would never break the laws of the Torah. Without telling the king, they appealed to the guard in charge. Would they be permitted to secretly eat only grain and drink only water?

Now it was the guard's turn to be terrified. If the king's favorite assistants became weak and sickly on such a poor diet, it would mean his head! The boys convinced the guard to let them eat only kosher food for ten days and make a decision then. Reluctantly, the guard agreed.

After ten days, with a diet of only grain and water, a miracle occurred: not only had Daniel and his friends not become weak and pale, but they looked fuller and healthier than the other slaves who had eaten the king's food!

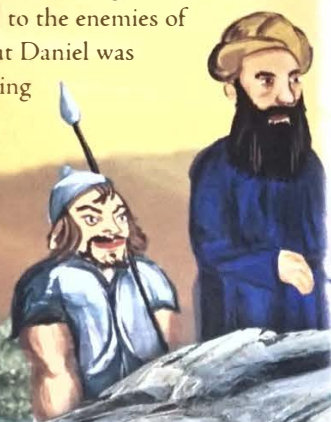
Daniel, Chananya, Misha-el, and Azariah realized that G-d was giving them special protection. They resolved to remember this throughout their time in the palace and to glorify G-d's Name at every opportunity.

As time passed, Nebuchadnezzar grew to appreciate the four Jewish boys even more. He asked their advice and turned to them for their deep understanding and wisdom.

One day, Nebuchadnezzar had a disturbing dream, one which none of his astrologers and sorcerers could interpret. In a country that put great importance on dreams, this was a national emergency!

Nebuchadnezzar called Daniel and presented the strange dream. Daniel realized that the dream had a terrible meaning. He began to tremble and prayed out loud, "My Lord, let the dream be upon your enemies, and its interpretation on your enemies."

Nebuchadnezzar thought Daniel was wishing evil to the enemies of the king. But Daniel was really speaking



# *Jewish Heroes* **Daniel** in the Lions' Den

to G-d, and wishing that punishments fall upon the enemies of G-d!

Daniel knew that telling the truth about the king's dream was very dangerous. What if the king blamed him for the bad news? Still, the brave and righteous Daniel spoke out. He told Nebuchadnezzar that his dream meant that he would become mentally ill and confused, but by giving charity he could escape this terrible fate.

As Daniel had feared, this awful prophecy aggravated the king. Nebuchadnezzar cruelly decreed that Daniel be put to death by being thrown into a den of hungry lions.

Calmly, and with great faith, Daniel entered the lions' den. He showed no fear at all. The lions took one look at Daniel's righteous face and saw holiness shining from him. Then, to the shock and surprise of all, the hungry wild animals lay down peacefully and respectfully.

Daniel spent his time in the lions' den

praying, studying Torah, and strengthening his connection to G-d. All the while, the lions surrounded him, as tame and quiet as lambs.

The people of the city were buzzing about the great miracle. But some men were not convinced. "Clearly, the lions

*Calmly, and with great faith,  
Daniel entered the lions' den. He  
showed no fear at all...*

are not hungry," they scoffed. "That must be the reason that Daniel is still alive."

To test their theory, the king ordered Daniel removed from the wild animals' den, and threw those men inside. Immediately, the starving lions attacked, proving to one and all that even if the Jewish nation was no longer living in the Jewish Land, G-d was still protecting them.

After Nebuchadnezzar's rule came to an end, King Belshazzar took over as

head of Babylon. He, too, disrespected the Jewish people with the items that were stolen from the Temple in Jerusalem. One night, while the king was hosting a feast, the partygoers used the holy vessels made for serving G-d to toast and honor their idols.

Immediately after their toast, a chilling event took place: a mysterious hand appeared and began to write a message on the palace wall.

The crowd grew silent and afraid. No one could read the strange words. What did they mean? King Belshazzar called in his trusted advisors and sorcerers to explain, but none of them had the answer. Finally, the terrified king called for Daniel, the exiled Jew from Jerusalem who had once served his predecessor, Nebuchadnezzar.

Daniel read the writing on the wall, warning Belshazzar that his days were numbered and his reign would soon end. That very night, an assassin got rid of wicked King Belshazzar!



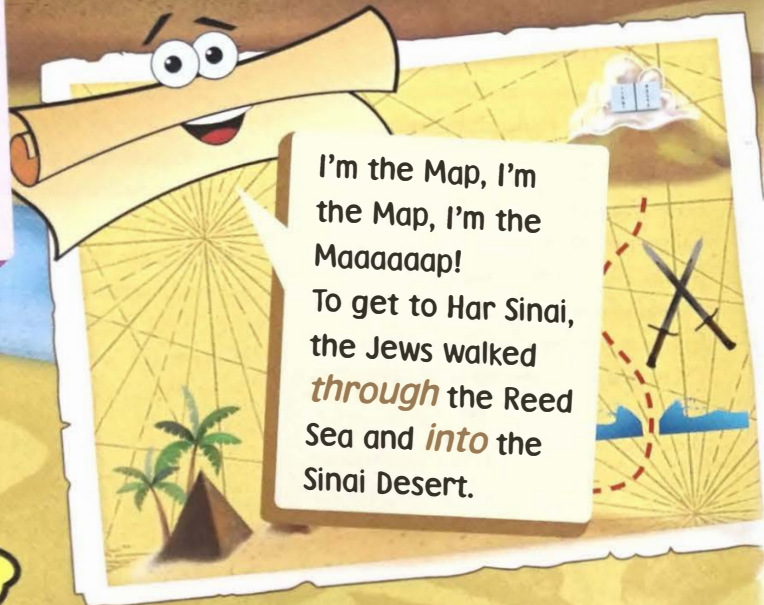
# DEVORA

gets the

# TORAH

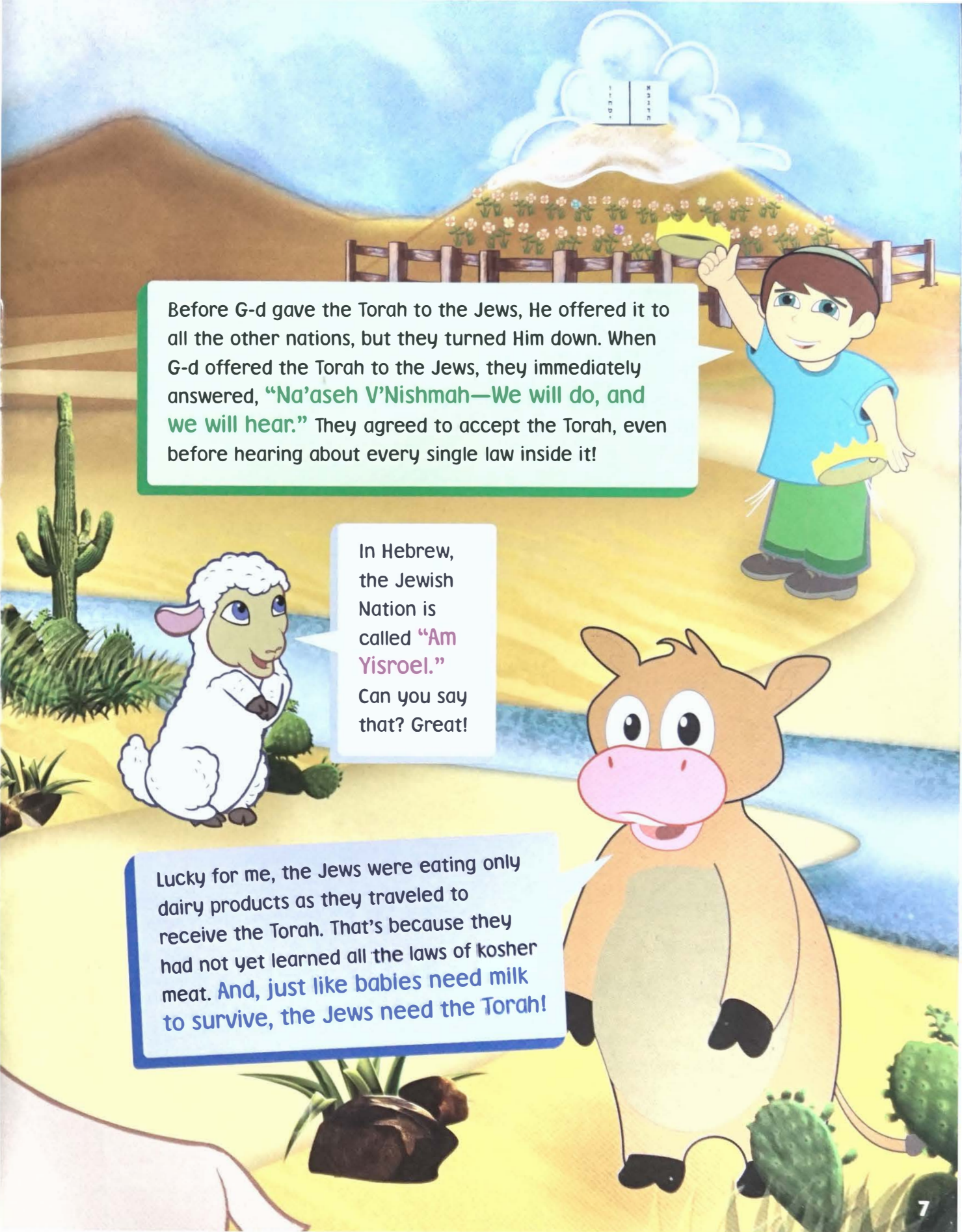
G-d took the Jews out of Egypt to make them His Chosen People and give them the Torah. At Mount Sinai they heard the Ten Commandments and became forever connected with G-d.

After the Jews left Egypt, they traveled for six weeks until they got to Mount Sinai. In Hebrew, that's *Har Sinai*. Can you say *Har?*... Excellent! We just need to find Har Sinai. Do you see it?... Great! We'll use Map to get us there!



Amalek was the first nation to attack the Jews after leaving Egypt. All the other nations were amazed by the Jews' miraculous journey out of Egypt, and Amalek wanted to cool down their excitement. Moshe prayed to G-d, while his faithful servant Joshua led the Jewish army to victory against their enemy!





Before G-d gave the Torah to the Jews, He offered it to all the other nations, but they turned Him down. When G-d offered the Torah to the Jews, they immediately answered, **"Na'aseh V'Nishmah—We will do, and we will hear."** They agreed to accept the Torah, even before hearing about every single law inside it!

In Hebrew, the Jewish Nation is called **"Am Yisroel."**

Can you say that? Great!

Lucky for me, the Jews were eating only dairy products as they traveled to receive the Torah. That's because they had not yet learned all the laws of kosher meat. And, just like babies need milk to survive, the Jews need the Torah!



# Devora Guarantees!

**G**-d wanted a promise that the Torah would always be kept. The Jewish children were pledged as the guarantors; they would continue to learn Torah and teach it to their children, who will become the next guarantors!



**LOOK BUT DON'T TOUCH:** Once the Jews arrived at Har Sinai, they had one week to prepare themselves for the big day, the day they'd receive the Torah from G-d Himself. They camped at the base of the mountain; it was so holy that they weren't allowed to touch it. Only Moshe would trek up the mountain to meet with G-d.



**BOOM CHICKA BOOM:** The whole mountain started to tremble. Huge clouds of smoke filled the air. Lightning flashed and thunder boomed! Shofar blasts were getting louder and louder! Suddenly, everything was still. All animals were silent. Not even a single bird chirped. The world was holding its breath and waiting with anticipation!



## THE 10 COMMANDMENTS

- 6-1 Do not kill.
- 7-7 Do not steal/kidnap.
- 8-7 Do not have forbidden relationships.
- 9-6 Do not be a false witness.
- 10-1 Do not be jealous of someone else's belongings.

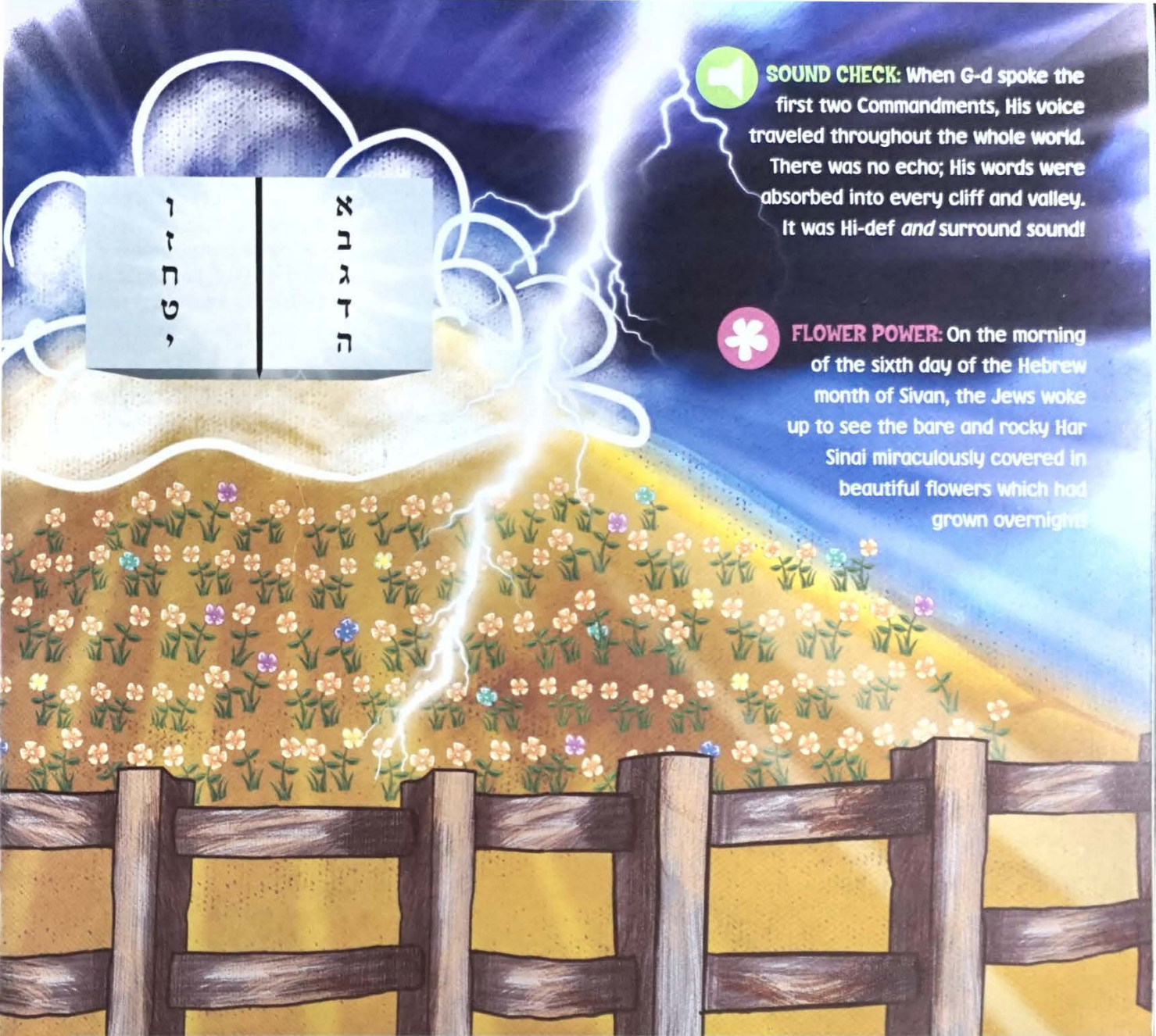
1-~~X~~ I am the L-rd Your G-d Who took you out of Egypt.

2-7 Do not make any idols or believe in any G-d but Me.

3-7 Do not take G-d's name in vain. A person should not make an oath in court about something obvious: to swear that a stone is a stone, or about something false: to swear that a stone is really a tree.

4-7 Remember the Shabbat and keep it holy.

5-7 Honor your parents.



**SOUND CHECK:** When G-d spoke the first two Commandments, His voice traveled throughout the whole world. There was no echo; His words were absorbed into every cliff and valley. It was Hi-def *and* surround sound!



**FLOWER POWER:** On the morning of the sixth day of the Hebrew month of Sivan, the Jews woke up to see the bare and rocky Har Sinai miraculously covered in beautiful flowers which had grown overnight!

## Celebrate Shavuot!

Every year, on the sixth day of the Hebrew month of Sivan, we celebrate the holiday of Shavuot, renewing our acceptance of the Torah! Here's how:

1. To show our appreciation for the Torah, it's a custom to stay up on the first night of Shavuot and study Torah all night long!

חומש

2. All men, women, children and even infants, go to the synagogue to hear the Ten Commandments being read.



3. It's customary to decorate our homes and synagogues with flowers, just like G-d put flowers on Har Sinai.



4. We eat dairy foods, just like our ancestors did all the way back in the Jewish year, 2448! Cheesecake, anyone?





## DESERT MIRACLES!

**A**fter leaving Egypt and preparing to receive the Torah and the Ten Commandments, G-d's plan was for the Jews to immediately enter the Land of Israel. There, they would farm and live according to the Laws of the Torah.

But the Jews loved the miraculous life that G-d was providing them in the desert... they wanted to delay entering the land and leaving the miracles behind! G-d was disappointed by their request, and the decision was made: the Jews would have to wander in the desert for 40 years!

**Here are some of the great miracles that kept them alive in the harsh desert conditions:**

### MOSHE'S MANNA

One of the greatest miracles of all time was the **Manna**. For 40 years, this special food fell from Heaven every single morning, except on Shabbat. The Manna looked like wafers, and tasted like almost any food you wanted!

*We have our very own "miracle food" today! The soybean, is used to create foods that taste like: cream cheese, milk, flour, meat, oil and ice-cream.*



### MIRIAM'S ROCK

There was no water to drink in the desert, so the Jews merited a special miracle in honor of Miriam, Moshe's older sister. A constant stream of water poured out of a rock! This miraculous water was enough to quench the thirst of the entire nation and all their animals. It also irrigated the desert, causing beautiful meadows and flowers to bloom wherever the Jews traveled.

**One of the most challenging sports in the world is a series of races called The Four Deserts.** Each race is about 150 miles long and takes a week to complete. The first three deserts are the windiest, hottest, and driest deserts in the world: the Gobi Desert in China, the Sahara Desert in Egypt, and the Atacama Desert in Chile. Any competitor who has completed at least two of these races is invited to the final race in Antarctica! Only 11 people have ever finished all four races in one year.



## AARON'S CLOUDS OF GLORY

In honor of Aaron, the older brother of Moshe, the Jews were surrounded on all sides by miraculous **Clouds of Glory**. These clouds flattened the road in front of them to make it smooth for walking, shielded against enemy weapons, and removed any snakes or scorpions in their path.



*Benson Hodde from Texas,  
holds the record for  
sitting in a bathtub  
with the most  
rattlesnakes: 120!*

*Not as much fun as a  
rubber ducky!*

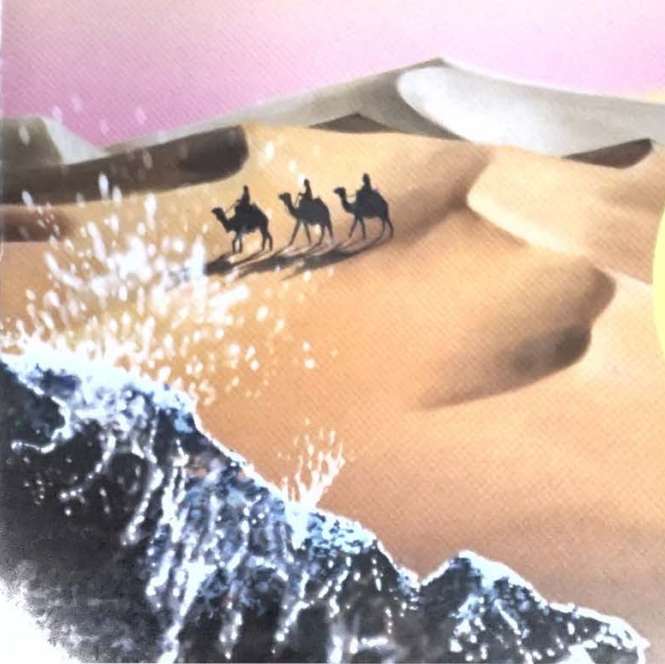


The Clouds of Glory also **washed their clothes** and caused their clothes to grow with them over the years! There were 3 million people in the desert for 40 years. If each person would have done one load of laundry a week, and showered once a day, then these Miracle Clouds **saved over 1 trillion gallons of water!**

## PILLAR OF FIRE!

At night, a pillar of fire was stationed at the front of the camp, to be a beacon of light and a guide for when they traveled.

*Fire performer "Flambeaux,"  
Chris Reilly from New York City,  
holds the world record for  
keeping a lit torch in his mouth  
for a full 55.53 seconds! Don't  
try that at home!*



What's in YOUR bag?

# THE MITZVAH OF HEALTH & SAFETY

When I say the word “mitzvah,” what commandment or good deed comes to mind? Lighting Shabbat candles? Eating matzah at the Passover Seder? Putting on tefillin?

Well here's a mitzvah you may not have thought of, but it's a very important one! In Hebrew it's called, “*V'nish-mar-tem L'naf-sho-say-chem*”—that means “*You should watch, or guard, your soul.*”

Now, follow me closely here: the way we “guard our souls” so we're able to be strong and do mitzvot is... to guard the health and safety of our bodies!

**Look what I'm bringing to camp...** All this stuff will help keep my body in tip top shape... ready to do mitzvot all summer long!

## 1 Bug Spray

Hiking is one of my favorite activities, but going without my bug spray would make it one of my worst! After hiking, I check to make sure that no ticks are hitching a ride on my skin. (Tip for boys: tuck your pants into your socks to protect against ticks!)

## 2 Helmet

Guess what's on my head for roller blading, bike riding, or scooting along on my scooter? For so many fun activities, wearing a helmet is just good sense!

## 3 Sunscreen

I've got a sunscreen keychain that clips onto my clothes. The “cling clang” of my keychain is a great reminder to slather on some sunscreen and block out all those harmful UV rays!



#### 4 Lighter Hued Clothes

Dark clothes attract the sun's rays. So, on those extra sunny days, I stick to light colored clothing so I don't overheat!

#### 5 Reflective Clothing

For night hiking and jogging, I wear my reflective sneakers and strips on my shirt. That way, cars can see me coming!

#### 6 Baseball Cap

My trusty baseball cap, worn with the bill in the front, keeps me cool and shaded, too!

**Can you think of some other ways to do this important mitzvah?**

#### 7 Sunglasses

Sure, they make me look cool, but more importantly; sunglasses protect my eyes from the powerful light of the sun. All the view, none of the glare!

#### 8 Water Bottle

On hot days, running around outside can dry me out! But keeping a bottle full of water around is a great way to stay hydrated and happy all day long.



I Shpy

T.H. KIDS B

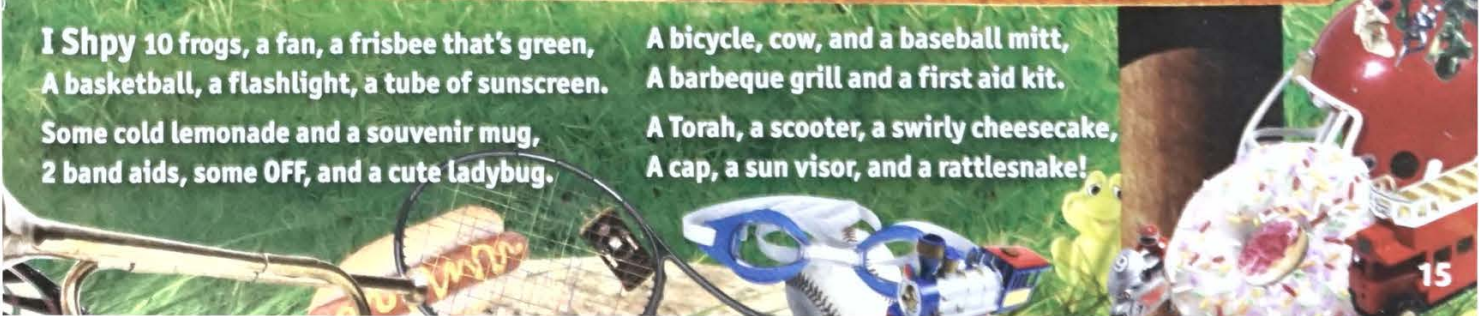


# BULLETIN



I Shpy 10 frogs, a fan, a frisbee that's green,  
A basketball, a flashlight, a tube of sunscreen.  
Some cold lemonade and a souvenir mug,  
2 band aids, some OFF, and a cute ladybug.

A bicycle, cow, and a baseball mitt,  
A barbeque grill and a first aid kit.  
A Torah, a scooter, a swirly cheesecake,  
A cap, a sun visor, and a rattlesnake!



## THE REIGN OF **King David** DOVID HAMELECH

King of Israel and composer of the Book of Psalms – Tehillim

**U**nlike the rulers of other nations, Jewish leaders were never chosen for their wealth, power, or physical strength. Rather, our forefathers, the twelve tribes, and Moshe himself were shepherds, displaying the qualities of kindness and dedication to the wellbeing of their flock. These were the characteristics needed to be the ruler of a nation!

Young David (Dovid) was also a shepherd, the youngest of many brothers. All day he looked after his father's sheep with care and love. He found ways to nurture the little lambs and carefully tended to the older sheep that couldn't walk as fast as the rest of the flock.

When G-d saw David's outstanding devotion to each and every sheep, He knew that David would surely take care of every single Jew with the very same devotion. And so, G-d chose David to replace Saul (Shaul) as the King of Israel!

Shaul had not fully carried out G-d's instructions about how to deal with the Jews' most aggressive enemy: the Nation of Amalek. Therefore, Shaul received the decree that the rulership was to be taken from him and given to another. Instead of thinking of how he could

repent and ask G-d for forgiveness, Shaul gave up hope, and became bitter and jealous.

Even though he was already chosen by G-d, David remained quietly caring for the sheep and doing things for his family... waiting until G-d would reveal him as the new King of Israel.

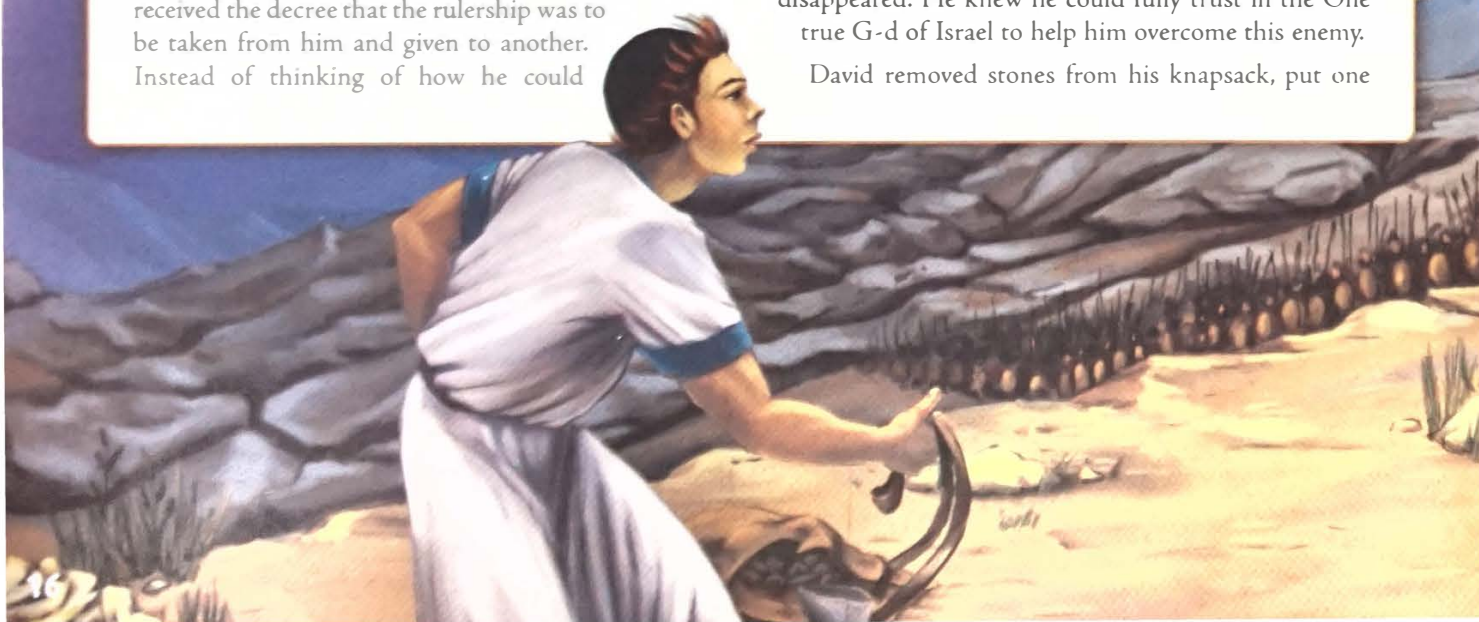
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**A**t this time, Goliath, a giant warrior from the Pelishti People, started harassing the Jewish Nation. He insulted G-d and dared the Jews to fight back. The People of Israel were terrified; no one was a match for the threatening giant!

David's father asked him to go to the battlefield and deliver food and other items to his three older brothers. While he was there, David overheard that King Shaul was offering a hefty reward for anyone who could save Israel from Goliath, the Pelishti Giant. David told the people around him that he would fight the giant, even without a reward!

In preparation for this fight, Dovid didn't put on heavy armor, but trusted in G-d alone. As the twelve foot giant began walking towards him, David became very fearful. But as soon as he heard Goliath curse him in the name of his own false god, David's fear disappeared. He knew he could fully trust in the One true G-d of Israel to help him overcome this enemy.

David removed stones from his knapsack, put one



into his sling, and aimed it at Goliath's forehead. The stone hit its mark, causing Goliath to tremble and fall forward, with his face to the ground. All of Israel rejoiced and praised David for his brave actions that saved them all.

The attention lavished on David made King Shaul even more jealous. The King thought of a plan to have David captured and executed. Shaul was sure that his son, Yonatan, would help with this plan.

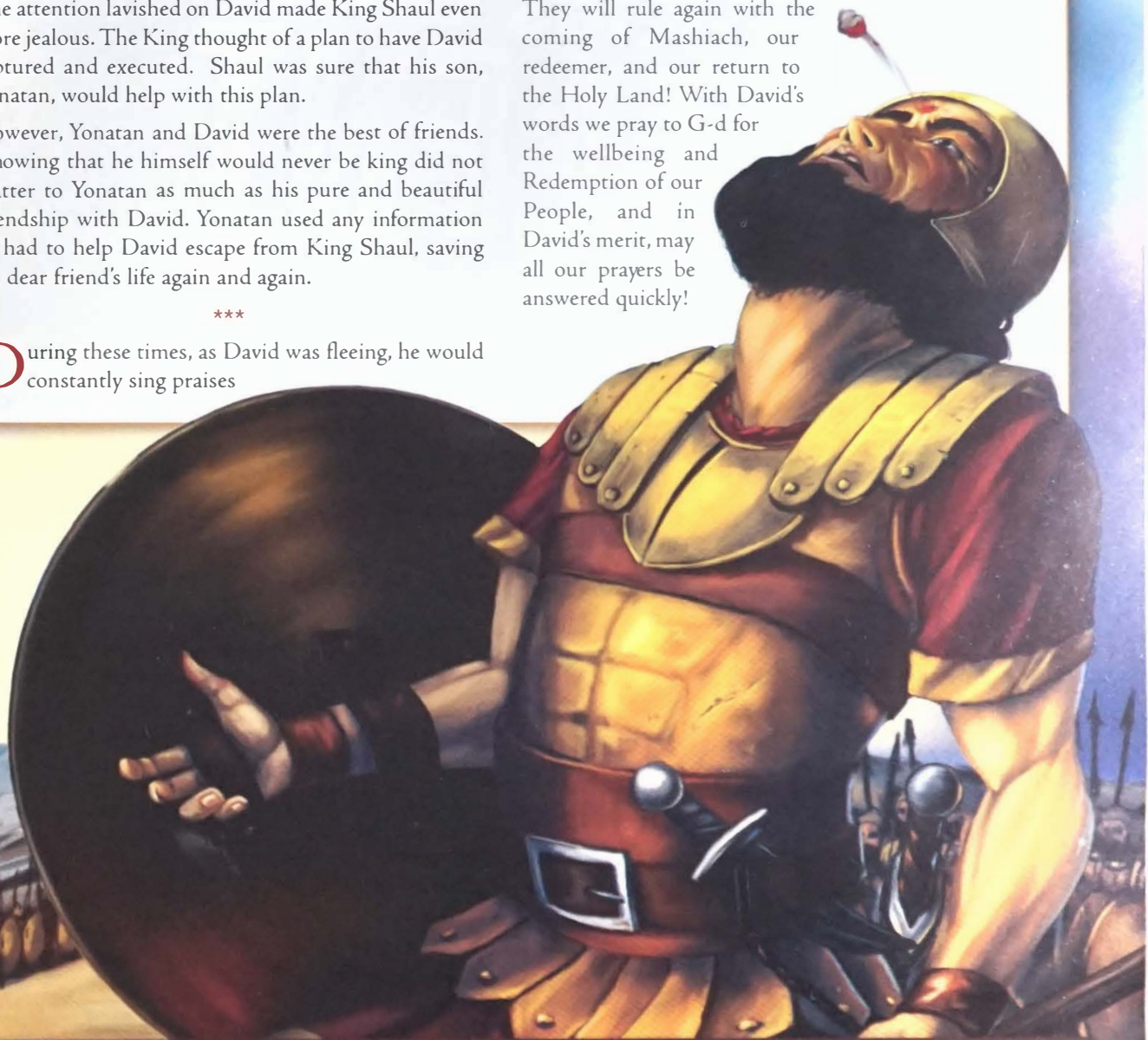
However, Yonatan and David were the best of friends. Knowing that he himself would never be king did not matter to Yonatan as much as his pure and beautiful friendship with David. Yonatan used any information he had to help David escape from King Shaul, saving his dear friend's life again and again.

\*\*\*

**D**uring these times, as David was fleeing, he would constantly sing praises

to G-d and pray for his safety. The beautiful words he wrote are recorded in the Book of Psalms (Tehillim) and continue to be recited by people around the world to this very day!

The Kingship will never leave the family of David. They will rule again with the coming of Mashiach, our redeemer, and our return to the Holy Land! With David's words we pray to G-d for the wellbeing and Redemption of our People, and in David's merit, may all our prayers be answered quickly!



David is born

David becomes king  
of Hebron

David becomes king  
over Israel

David died on Shavuot  
at the age of 70

2854

2884

2892

2924

DIED IN THE YEAR  
**2924**  
FROM CREATION

TZIVOS HASHEM KIDS:  
INTERNATIONAL  
COMPETITION

# Jewish Kids Got TALENT



On March 27th, over **2000 people** enjoyed an evening of entertainment and inspiration to mark the 30th anniversary of Tzivos Hashem, an international Jewish organization for kids like you. Tzivos Hashem creates programs, workshops, exhibits, and magazines—including the very one you are reading—to promote Torah and Jewish life!

**T**he *Power of Jewish Children Competition* was launched to encourage kids from all over the world to showcase their talents, achievements, or acts of kindness. Participants had the chance to win fantastic prizes for a nonprofit organization of their choice... and something for themselves as well!

Hundreds of children sent their submissions to the Tzivos Hashem offices in New York. They entered in one of three categories: Achievement, Chessed (Kindness), or Performance. There were beautiful paintings, touching

letters, emails, and videos of amazing kids doing amazing things! All the entries were a source of great pride, and the judges had a really hard time picking the finalists.

Nine deserving finalists were eventually chosen and flown to New York to take part in an anniversary concert gala celebration the Brooklyn Academy of Music. Not only did our talented kids perform, but they also answered questions from contest judges and explained what they had been doing to make the world a better place!

As an added bonus, world's leading Jewish appeared on stage to with Tzivos Hashem unforgettable event!

The tension was un the judges deliberat finally, the winners announced! Please our nine remarkable get inspired! There ways that kids can talent, and their ki benefit others. Ma

For updates on fur please visit:  
[www.powerofjewis](http://www.powerofjewis)

The top three finalists in each category, **Achievement**, **Chessed**, and **Performance**, showcased their talents and acts of kindness before a live audience and guest judges.

## ★ **ACHIEVEMENT** ★ AWARD

### **Eden Herari**

AGE 13 YEARS, NEW YORK

In honor of her Bat Mitzvah, Eden decided she would do a good deed every day to make the world a better place. She created a website and each day, she posts the mitzvah that she did. Not only has Eden make a pact to do her own "mitzvah a day," but she invited others join her!



### **Zalman Gansburg**

AGE 10 YEARS, NEW YORK

Zalman has researched what happened to the children of Izieu during the Holocaust. He knows that he and the children of today are responsible to remember these young victims and keep their memories alive.



### **Menachem Farkash**

AGE 12 YEARS, CALIFORNIA

Although he's just 12 years old, Menachem completed an unusually ambitious project. He learned the entire Six Books of the Mishna by heart in honor of his grandmother's first Yartzeit!



## ★ **CHESED** ★ AWARD

### **Esty Levin**

AGE 12 YEARS, CALIFORNIA

When Esty was a toddler, a family friend named Sally would come and take her out to play. Esty fondly remembers these times. Unfortunately, Sally is now suffering from Alzheimer's disease. The kindness has gone full circle, and now Esty regularly spends time with Sally, offering friendship and support.



### **Mushka Heidingsfeld**

AGE 8 YEARS, CALIFORNIA

Since the age of four, Mushka has visited elderly Jewish women in a local convalescent home. She brings them so much joy by playing her recorder, teaching about brachot and Shabbat candles, and giving each of her elderly friends a challah for Shabbat.



### **Mendel Kugel**

AGE 11 YEARS, NEW YORK

Mendel is an accomplished violinist. He's been playing since he was five! Mendel soon realized how much people enjoy hearing him play, and he's turned his talent into a real mitzvah. Mendel performs at hospitals, old age homes, and even in the street to raise money for charity.



## ★★★★★★★★★★★★★★★★★★★★★ ★ **PERFORMANCE** ★★★★★★★★★★★★★★★★★★★★★★ AWARD

### **Levi Brod**

AGE 13 YEARS, CALIFORNIA

Levi is extremely musical; he enjoys playing the piano and the harmonica. And, what makes his act so unique is: he can play them both instruments at the same time!



### **Motty Hertz**

AGE 10 YEARS, NEW YORK

Although he's just 10 years old, Motty plays piano like an experienced adult. This talented kid enjoys playing traditional Jewish melodies and even composes his own music!

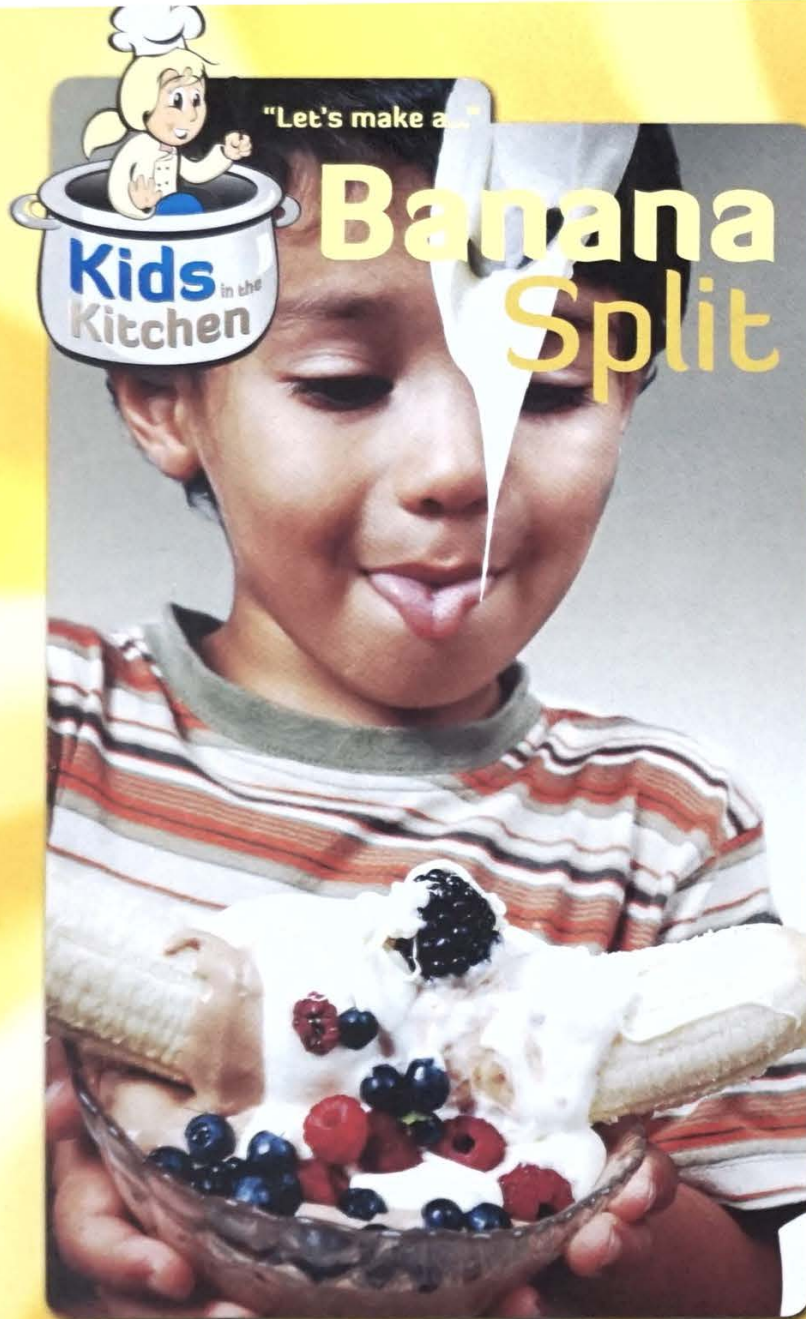


### **Michelle Stern**

AGE 7 YEARS, NEW YORK

Michelle is a young violinist who's an amazing performer. She brings so much to her music that it's hard to believe she's so young. Bravo, Michelle!





This sweet treat is delicious any time of year. But because a banana split is dairy, it makes a great Shavuot dessert. So, gather your family and friends, and have some fun putting together this cold dessert for a hot summer's day!



Here is what you do:

- 1 Cut the 2 bananas in half lengthwise.
- 2 In a long serving dish, place the "split" banana, with one half on each side.
- 3 Carefully set each scoop of ice cream between the banana halves.
- 4 Top with some fluffy whipped cream.
- 5 Drizzle chocolate syrup over the whipped cream.
- 6 Sprinkle chopped nuts over everything.
- 7 Place the cherries on the top. Serve immediately, before ice cream melts!



Things you will need:

All ingredients need a reliable kosher symbol on the package



3 round scoops of ice cream, any flavor



2 Bananas



Whipped Cream



Cherries



Chopped nuts optional (ask about allergies before serving)

Chocolate Syrup



Blessing

**Ba-ruch A-tah Ado-nai E-lo-hei-nu**  
**Me-lech Ha-olam She-hakol Nihi-yah Bidvaro.**  
Blessed are You, L-ord our G-d, King of the universe, by whose word everything comes to be.



Ice-cream Scooper



Plastic Knife



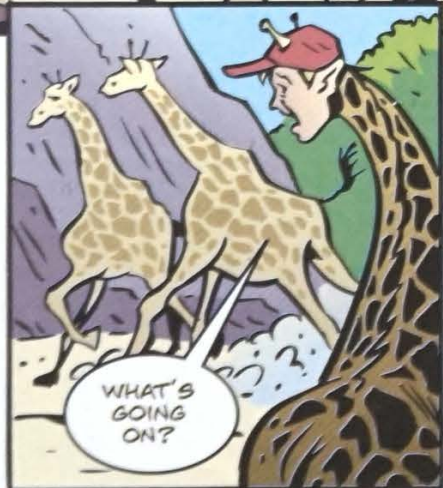
Long Oval Dish

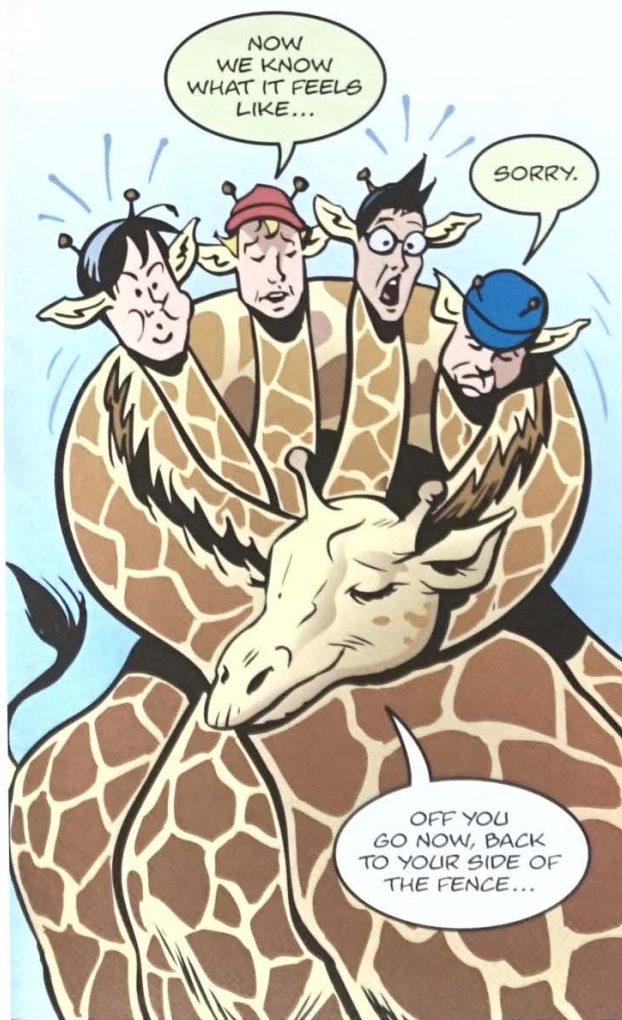


**JOEY**  
AND HIS PALS  
IN...

# CREATURE COMFORTS





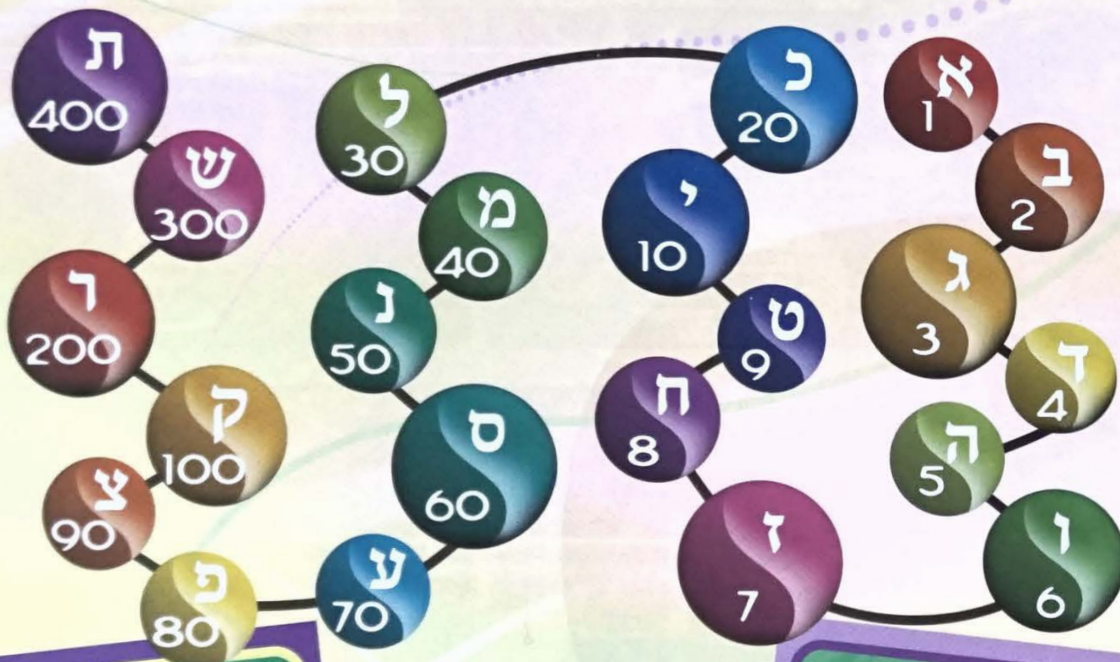


**THE END!**



# Discover Gematria

an ancient Torah code!



**Ever wonder why we give charity in multiples of 18?**



The word **Chai** (חי) in Hebrew means "life." It is written with two letters: **chet** (ח), which equals 8, and **yud** (י) which equals 10. Added together, Chai – life – is 18! When we give \$18 to charity, (or double that – \$36, or even ten times as much – \$180) we are hoping to live a long and healthy life in the merit of our good deed!

**How much does your Hebrew name equal?** \_\_\_\_\_

## Help Detective G. decode the following riddles:

On Shavuot, we received the Torah for the very first time. Every single letter in the Torah is significant. *Gematria* is the substitution of numbers for letters of the Hebrew alphabet, according to a set system. Through *Gematria*, we can delve deeper into the text and discover special meanings and hidden messages.

**What is one of the reasons we eat milk/dairy foods on Shavuot?**



**Milk in Hebrew is חלב**  
What is the *Gematria* of חלב?

ח (chet): \_\_\_\_\_ + ל (lamed): \_\_\_\_\_  
+ ב (bet): \_\_\_\_\_ = \_\_\_\_\_



**What are the signs of a kosher fish?**  
Kosher fish have both fins and scales.

- 

Answer: 1, 4, 3, 3.



**FIRE**

Answers: DAMP, DUMP, LUMP, LIMP, LIME, DIME, DIVE, FIVE.

# QUICK <sup>tear out</sup> GUIDE

## Shavuot & the Three Weeks



### The Holiday of Shavuot



The candles are lit before sunset on Tuesday night, and after dark on

Wednesday evening (For candle lighting times in our area, please see page 2). When lighting candles, the following two blessings are recited:

**1. Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olam Asher Kid-e-sha-nu Be-mitz-vo-tav Vetzi-va-nu Le-had-lik Ner Shel Yom Tov.**

*Blessed are You, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the Holiday light.*

**2. Ba-ruch A-tah Ado-nai E-lo-hei-nu Me-lech Ha-olam She-heche-ya-nu Ve-ki-ye-ma-nu Ve-higi-a-nu Liz-man Ha-zeh.**

*Blessed are You, L-rd our G-d, King of the universe, who has granted us life, sustained us, and enabled us to reach this occasion.*

### Here's how to celebrate Shavuot:

1. There's a custom for adults to engage in Torah study all night long on the first night of Shavuot. There may be various Torah classes available in your area at this special time.
2. On the first day of Shavuot, men, women, and even young children and babies go to the synagogue to hear the Ten Commandments read from the Torah.
3. It is customary to enjoy dairy foods, such as cheese blintzes and cheesecake, on Shavuot.
4. Another Shavuot custom is to decorate the synagogue (and one's home) with beautiful flowers and leaves, reminiscent of the flowers that miraculously bloomed on Mount Sinai when the Torah was given.
5. In many communities, the Megillah of Ruth is read.

### Fast of 17 Tammuz



This day commemorates the walls of Jerusalem being breached by the

Romans after a lengthy siege. Healthy men and women over the age of Bar/Bat Mitzvah (age 12/13) refrain from food and drink on this day.\*

Fast days such as this are auspicious times for repentance and special closeness to G-d.

### The Three Weeks



THRU



During these three weeks, we commemorate the tragic events that befell Jerusalem and its inhabitants after the breaching of the city walls until the destruction of the Holy Temple. During this time, Jewish people act in accordance with a state of mourning. We do not celebrate weddings, listen to music, wear new clothing or take a haircut.

### The Nine Days



THRU



The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples

in Jerusalem. During this time, we refrain from eating meat or drinking wine, except on Shabbat. We also refrain from laundering clothing, swimming, bathing or showering for pleasure, buying, sewing, weaving or knitting new clothing (even if it is to be worn after the nine days) or to remodeling our homes.

### Tisha B'Av (Fast of 9 Av)



This is a national day of mourning... the date when both the first and

the second Temples were destroyed. Healthy men, age 13 and up, and healthy women, age 12 and up, do not eat or drink. The fast begins on the evening of 8<sup>th</sup> Av (Aug. 8) and ends at nightfall the next day.\* At this time, G-d is even more accessible than usual, making this an auspicious opportunity for repentance. We hear the reading of the Megillah of Eicha, which describes the tragic events surrounding the destruction of Jerusalem and the Temple. We read from a special book of Lamentations both at night and the following morning. On Tisha B'Av, we also refrain from washing, wearing leather shoes or applying lotions and makeup.\*

\* For fast beginning and ending times in our area, please see page 2.

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# Shavuot Schedule at BETH HAKNESSET OHR HAMIZRACH

347 Ocean Parkway (corner Ave C)

## Candlelighting Times:

6/7/2011

Light candles at 8:06 pm

6/8/2011

Light candles after 9:16 pm from preexisting flame

6/9/2011

Holiday ends at 9:16 pm

June  
**7**

Tuesday, June 7, 2011  
(Erev Shavuot)

Mincha 7:55 PM

Arvit 8:55 PM

Night Learning 10:30 PM

June  
**8**

Wednesday, June 8, 2011

Shacharit 1st Minyan 4:20 AM

Shacharit 2nd Minyan 8:30 AM

- ★ Listen to the 10 Commandments 10:00 AM
- ★ Ice Cream Party for Kids 3:30 PM

Reading of Megilat Ruth/Azarot 7:00 PM

Mincha 7:55 PM

Arvit 8:55 PM

June  
**9**

Thursday, June 9, 2011

Shacharit 8:30 AM

Reading of Megilat Ruth/Azarot 7:00 PM

Mincha 7:55 PM

Arvit 8:55 PM

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Think you've found 'em all? See page 24 for answers.

# ASEL'TE WORD SEARCH

How many words can you find?



Here are the words with translations

- AM (nation)
- ASEL (honey)
- ASEL'TE (shavuot)
- DOGH (mountain)
- GUL' (flower)
- JUHURO (Jews)
- MAROZHNI (ice cream)
- PEL'TESH (pita-like bread stuffed with dairy rice)
- SHIR (milk)
- SHORI (happiness)
- TEL'SIM (tablets)
- TIRO (Torah)

A word search puzzle shaped like a mountain. The letters are arranged in a grid that forms the silhouette of a mountain. The letters are: A, D, W, V, T, R, F, X, V, Q, M, S, J, E, H, O, G, U, Z, N, P, A, I, V, N, W, Y, X, H, I, M, J, L, E, A, S, E, L, T, E, S, H, A, V, U, O, T, D, O, G, H, G, U, L, J, U, H, U, R, O, M, A, R, O, Z, H, N, I, P, E, L, T, E, S, H, S, H, I, R, S, H, O, R, I, T, E, L, S, I, M, T, I, R, O.

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# ALL NIGHT TORAH PARTY!

Tuesday, June 7, 2011 - 6 Sivan 5771

10:30 pm

347 Ocean Parkway

Amazing speakers, one on one learning, thought provoking topics  
Snacks and coffee



Bring your whole family to hear the 10 COMMANDMENTS!

Wednesday, June 8, 2011 at 10:00 am

347 Ocean Parkway



## Shavuot Ice Cream Party for Kids

Celebrate the holiday of Shavuot with ice cream!

Wednesday, June 8, 2011 - 6 Sivan 5771

3:30 pm

Ice cream, snacks, games, entertainment!

For more information, call us 718-693-5990 or e-mail  
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